

7-5-2 PRAYER CALENDAR

MAKE A COMMITMENT TO BE A 7-5-2 HOME!

7 – Pray seven days a week individually for yourself, your spouse, kids, grandkids, parents & siblings.

5 – Pray five times a week as a family including meals & bedtime.

2 – Pray at least two times a week with your spouse.

SUGGESTIONS FOR USING YOUR 7-5-2 CALENDAR:

1. Place your Prayer@Home Calendar on your refrigerator or in some other central location of your home.
2. Have each family member use a specific color marker or sticker to mark their 7's of individual prayer time. Write out a 5 or use a sticker to note times of praying together as a family. Write out a 2 or a special sticker to mark your times of praying together as a couple.
3. Use the "My Home's Top Prayer Requests" (on the back of this calendar) for each family member to share their prayer requests that they would like the family to pray for.
4. Celebrate at the end of each week and talk about the prayers that God has answered in the week.
5. For family prayer, give each family member a certain prayer day that they can decide when, where, and how you will pray.

Example: Mom's day is on Monday and she has decided that the family will go on a prayer walk after dinner; or five-year old Jessie's day is Thursday and she wants to have prayer together during breakfast.

6. Use these simple prayer prompts to jump start your family prayer times. Have an adult or teen start the following statements, and then have each member take turns filling in the blank:

God, I love You because... Thank You God for...

God, please help... God, I am sorry for...

